

Lust of the Eyes

Summary

“I made a covenant with my eyes not to look with lust at a woman.”

Job 31:1

Read the Passage: Matthew 5:27-32

Make observations while reading the text.

Main Idea in the text:

Jesus taught that lust is adultery in the heart.

Jesus uses extreme language to warn against lust in our heart.

Jesus gave two extreme actions, one involving your eyes, and the other, our hands.

Jesus' point was that His disciples must deal drastically with sin. We must avoid sinful cravings at all costs. This is not for salvation but for discipleship.

All sin, not least sexual sin, begins with our imagination.

Pornography can affect our imaginations, here are some statistics in our society today:

Teens and young adults 13-24 believe not recycling is worse than viewing pornography.

90% of teens and 96 % of young adults are either encouraging, accepting, or neutral when they talk about pornography with their friends.

Covenanteyes.com

Statistics show that as many as 64% of church-going men of all ages look at pornography regularly.

Barna Group

Application

1. Flee lustful desires and thoughts—avoid them. (1 Corinthians 6:18)
2. Do whatever it takes to stop lust at the eyes, the point that it enters our heart.
3. Have accountability with your electronic devices, filters in place. (Covenant Eyes)

Discussion Questions

1. Why did Jesus use such extreme language concerning lust?
2. What can we do with all our electronic devices to avoid negative images that enter thru our eyes?
3. List some ways to reduce your screentime on your electronic devices.